



NEW ERA PHYSICAL THERAPY

Fall Risk Screening & Conditioning

Athletes to Older Adults



Hours:

Monday-Thursday: 7am-6pm

Friday: 7am-12noon

- Losing Strength And Balance Can Change Any Life
- Fear of Falling And Declining Leg Strength Are Two Potential Precursors To A Fall.

The NEPT- Biodex Balance System includes a comprehensive Fall Risk Screening & Conditioning Programs and Protocols. Using our system we are able to identify a potential problem in just two minutes.

At NEPT, we integrate the Balance System training modes to improve your balance, increase agility, and develop muscle tone.

NEPT is here to help!!!

Call us today to schedule your Balance Assessment.

Located at:

615 W Mermod, Carlsbad, NM 88220

Tel: 575-200-3465 Fax: 575-200-3470

Are You or a Loved One at Risk for falling? We can help!

New Era Physical Therapy has the answers through testing to help maintain your Balance, Posture, Mobility, Fine Motor Skills, and Weight Bearing abilities.



The NEPT – Biodex Balance System can capture, quantify and determine a person's relative tendency to overcompensate to one side or the other. Based on this information we can determine the course of treatment: Address fall risk, Increase mobility, Work to develop Muscle tone, Improve balance and Increase agility.

Neuro- Rehabilitation

The NEPT – Biodex training exercises of the program can improve strength, range of motion, gait and balance for patients with Parkinson's Stroke, Peripheral Neuropathy or other neurological disorders. Our program includes static and dynamic balance exercise, weight shifting, increasing limits of stability and improving reaction time.

Sports Medicine

The NEPT- Biodex Balance System can help athletes perform better by demonstrating functional deficits. The various test modes can help an athlete to identify areas of improvement and challenge patients to enhance their capabilities. It allows for a comparison between a patients data normative data to help determine a target performance.

Obtain your Baseline Balance Assessment. Please call to improve your Balance and Mobility today !!!

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