



ALLERGY CLINICS OF AMERICA

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ALLERGY TESTING FOR ADULTS & KIDS



Pollen Allergies

What You Need to Know

Your doctor may first want to confirm that you have an allergy. An allergist can give you a skin prick test to see what's causing your problem.

Once that's narrowed down, there are a few ways to treat pollen allergies:

Over-the-counter drugs:

Antihistamines
Decongestants
Nasal sprays

Prescription Medications:

Stronger may be prescribed if the OTC medications do not work.

Allergy Shots:

If you don't have any luck with OTC drugs and Prescription Medications Allergy Shots may help.

You'll go to the allergist every few weeks for the doctor to inject a tiny amount of what's causing your problem under your skin. After a period of months, your body should get used to the trigger and your symptoms should get better.



Are You Feeling Crappy?

Environmental Allergies:

- Runny Nose or Stuffy Nose
- Sneezing
- Coughing
- Wheezing
- Hoarseness
- Ear Ache
- Eye Symptoms
- Headache
- Itching:
Skin, Vagina, Rectum
- Rashes
- Breathing Problems
- Bad Breath

Food Allergies:

- Food Intolerance
- Stomach Problems
- Bloating
- Belching
- Diarrhea
- Migraines
- Chronic Fatigue
- Constipation



CALL US TODAY!!!!

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ALLERGY THERAPY

